

## MAINTAINING HOPE IN HARD TIMES

### Lamentations 3:22-26

**Lamentations 3:22-26** *Through the LORD's mercies we are not consumed, Because His compassions fail not.*

<sup>23</sup> *They are new every morning; Great is Your faithfulness.*

<sup>24</sup> *"The LORD is my portion," says my soul, "Therefore I hope in Him!"*

<sup>25</sup> *The LORD is good to those who wait for Him, To the soul who seeks Him.*

<sup>26</sup> *It is good that one should hope and wait quietly for the salvation of the LORD.*

### FOUR TRUTHS TO HOLD ON TO WHEN YOU ARE LOSING HOPE

#### 1. GOD IS MERCIFUL

**Lamentations 3:22** *Through the LORD's mercies we are not consumed.*

#### 2. GOD IS FAITHFULLY COMPASSIONATE

**Lamentations 3:22-23** *Through the LORD's mercies we are not consumed, Because His compassions fail not. <sup>23</sup> They are new every morning; Great is Your faithfulness.*

#### 3. GOD IS ENOUGH

**Lamentations 3:24** *"The LORD is my portion," says my soul, "Therefore I hope in Him!"*

#### 4. GOD WILL COME THROUGH

**Lamentations 3:25-26** *The LORD is good to those who wait for Him, to the soul who seeks Him. <sup>26</sup> It is good that one should hope and wait quietly for the salvation of the LORD.*