

“Overcoming Spiritual Dryness”

Colossians 3:1-4

A.W. Tozer said, “Periods of staleness are not inevitable but are common. He is a rare Christian who has not experienced times of **dullness**.”

George Fox, the famous leader of the Quakers, admittedly endured a dry spell in his spiritual life for **3 ½ years**. John Wesley had to battle it, even after his experience at Aldersgate. General William Booth felt it so much that he wrote his wife and suggested he try to find another job other than the ministry like becoming a **clerk** or **school teacher**. And St. John of the Cross knew spiritual dryness so well that he wrote of it extensively calling it, “The **Dark Night** of the Soul.” You are not alone if you are facing Spiritual Dryness.

I. **REDIRECT YOUR MIND**.

A. “As a needle seeks a **pole**, as the sunflower seeks the **sun**, as the river seeks the sea, as the eagle seeks the **ceiling** of the world.”

Peter Marshall

B. “The **duality** of **direction** is the thing that debilitates so many of us.” *Augustine*

II. **REAFIRM YOUR DESTINY**

A. From our secure position in Christ spiritually in this present world, we are **guaranteed** to have this same secure position in Christ eternally, in glory.

B. “When we are in this spiritually dry, dull condition we should go and **affirm** our faith in the **strongest** way possible.”

Hannah Whitehall Smith

C. Say with me:

“I’m **dead** to the World”.

“I’m **hid** in Christ.”

“I’m **safe** in Christ.

“I’m going to **appear** with Christ”

“I’m going to **live** with Christ.”

“I’m going to **grow** with Christ.”

“I’m going to **reign** with Christ.”

III. **RECOMMIT YOUR PASSION**

A. Billy Graham said, years ago he told God that if he would ever come close to being **unfaithful** to his **wife** Ruth, that God would **take his life**.

B. Philip Yancey says, in psychology, counselors will use a technique called **“Act as If.”**

IV. **RENEW YOUR FAITH**

A. Letting the peace of God and the Word of God dwell within will bring **immediate joy**.

B. If you are suffering from spiritual dryness, the answer is not to **run away** but to **draw near**.