

DISCOVER THE JOY!

#1 Habits of Joyful People

Philippians 3:1; 4:4

Philippians Overview:

1. It was written by Paul, the apostle.
2. It was written from prison.
3. It was written to Christian disciples in Greece who were a persecuted minority.
4. It was written as a missionary "thank you" letter for their missionary support of Paul while he was in prison.
5. It is about joy. 19 x Paul mentions "joy," "gladness," or "rejoicing"
6. It reveals the secret of ongoing joy is accurate thinking. As such, it uses "think" 10 x; "mind" 5 x; and "remember" 1 x.

Bible Facts about Joy

1. Joy is a choice and the result of our choices.
Philippians 3:1; 4:4; Psalms 118:24; Psalm 66:1
2. Joy is a source of inner strength. Nehemiah 8:10
3. Joy is not dependent on what happens to you, but how you respond to what happens to you.
4. Joy comes from having an eternal perspective and priorities. Hebrews 12:1-2
5. Happiness is determined by happenings, but joy is the result of your relationship with Jesus.
6. Joy comes from the Presence of God
Psalm 16:11; Psalm 43:4
7. Joy is available through salvation.
Psalm 35:9; Isaiah 12:3; Isaiah 61:10

ELEVEN HABITS OF THE JOYFUL PERSON

1. Pray and Receive Answers to Prayer. John 16:24
2. Feed on the Word of God.
Jeremiah 15:16; Psalms 19:8; Matthew 4:4
3. Confess Sin and Experience the Cleansing of God.
Psalm 51:1,2,12; Psalm 32:1
4. Do the Right Thing
Proverbs 21:15; Psalms 119:14; Psalms 106:3; Luke 11:28
5. Share Jesus and Sow the Seed of the Good News
Psalm 126:5-6; Luke 15:7, 10
6. Endure Persecution for Jesus' Sake. Luke 6:22-23
7. Persevere Through Hardships. Habakkuk 3:17-18; James 1:2-3
8. Invest in the Spiritual Condition of Others
1 Thessalonians 2:19; 3 John 1:4
9. Striving for Love and Unity. Philippians 2:1-2
10. Surrender to God's Leadership.
Galatians 5:22-23; John 7:38-39
11. Give Generously. Acts 20:35; 2 Corinthians 9:7