

# Be Devoted to Prayer

Romans 12:12, Colossians 4:2

## Why Pray?

**I. The Bible tells us to pray, and we should do what the Bible says. (Romans 12:2, Colossians 4:2, Matthew 6:9, 1 Thess. 5:17)**

**II. Prayer realigns our hearts and minds back to center. (Matthew 6:9-11)**

**III. Prayer is a method of surrender. (Matthew 6:9-11)**

A. Prayer is surrendering to the reality that we are not in control. (Genesis 1:1)

B. Prayer is surrendering to the reality that we need help. (Psalm 40:17)

C. Prayer is surrendering to the reality that God's plan is bigger, and better than yours. (Ephesians 3:20)

**IV. Prayer is an act of worship.**

## How to Pray?

**F.A.D.E.S (Adapted from John Piper...[www.desiringgod.org](http://www.desiringgod.org))**

F - Free and Formed

1. The Bible
2. Lists
3. Books, Smart Phone Apps
4. Patterns

A - Alone and Assembled

D - Desperate and Delighted

E - Explosive and Extended

S - Scheduled and Spontaneous