

DISCOVER THE JOY

Peace in Turbulent Times

Philippians 4

“Three Keys to Peace in Turbulent Times.”

I. TRUST IN THE LORD

Philippians 4:1 *Therefore, my beloved and longed-for brethren, my joy and crown, so stand fast in the Lord, beloved.*

A. The Lord is *the Rock*

B. We are solid, stable, strong when we trust in Him.
2 Samuel 22:2-3 *“The LORD is my rock and my fortress and my deliverer; ³ The God of my strength, in whom I will trust.”*

C. When you come to that place of trust., the peace of God will flood your heart.

Isaiah 26:3-4 *You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You. ⁴ Trust in the LORD forever, for the LORD GOD is the eternal Rock.*

II. REJOICE IN THE LORD

Philippians 4:4 *Rejoice in the Lord always. Again, I will say, rejoice!*

A. Make the choice to rejoice. *Rejoice...again I say, rejoice!*

B. Keep making the choice to rejoice. *Rejoice in the Lord always.*

C. Base your joy in the Lord. *Rejoice in the Lord.*
(Habakkuk 3:17-18)

D. Decide to draw closer to the Lord.

III. TURN TO THE LORD

Philippians 4:6-7 *Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷ and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.*

A. Do not worry...about anything...anytime
Philippians 4:6-7 *Be anxious for nothing*

- Most of life involves things I cannot control. But I *can* control my response to those things.
- I cannot control the future. But I can trust in the One who can control the future.
- The things that I am anxious about are the things I need to more deeply surrender to God. I am weighted down by them, because they are problems I am not meant to carry.

B. Pray ... about everything ... all the time
Philippians 4:6-7 *Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;*

C. Thank God for what He has done, is doing and will do.
Philippians 4:6-7 *Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving.*