

## The Promise of Comfort for the Brokenhearted Psalm 34:1-18

### KEY IDEA:

The Lord is the antidote to our broken heart.

### Pursuing God with a Crushed Spirit:

I. Praising God in the midst of your pain. (v1-3)

II. Seeking God through prayer. (v4-7)

III. Knowing the Goodness of God and the safety of His shelter. (v8-10)

IV. Honoring God through how you live. (v11-17)

### Application:

[ ] This week, I will lean into the Lord by listening to worship music.

[ ] This week, I will lean lean into the Lord by starting my day with 5 minutes of prayer.

[ ] This week, I will lean into the Lord by seeking to honor God with my life.